

Family Support Centre Shirley

**A free, confidential advice service for those
experiencing a variety of issues such as bereavement,
stress, unintended pregnancy etc**

The Family Support Centre is situated behind Shirley Baptist Church



The centre has its own entrance, office and counselling rooms



The centre is run by two Team Leaders, a group of volunteers and a panel of Trustees



We hold Team Meetings once a month



The Team meetings include a devotion, prayers and training



Appointments are made by phone, referral or in response to the advertising boards on the day



Our friendly receptionists handle the appointments and welcome clients



Our counselling rooms are welcoming and provide privacy and comfort



The advisers usually work in pairs



**Our advertising boards are placed
outside Kairos coffee shop and on the
Stratford Road**



Upcoming Events

Marriage encounters

Oct 19th; Nov 2nd & 23rd 7.30 – 9.30pm

Divorce Care

7 sessions beginning October 13th 7 - 9pm

Supporting the Bereaved

January 28th 10am – 4pm

Introduction to counselling course

14th Jan; 11th Feb; 11th March; 1st April

Supporting People in Crisis, Distress and Confusion

October to December on Wednesdays 1-3pm

Contact Corinne Fenn to book your place 0121 744 8838

Contact address:

Family Support Centre

Parkgate (rear of Shirley Baptist Church)

Shirley

B90 3BD

e-mail: admin@fscshirley.co.uk

Website: www.fscshirley.co.uk

Open Mondays, Wednesdays & Fridays 10am – 1pm

JOINING THE FSC TEAM

- If you feel you could offer some time as an Adviser or a Receptionist, then speak to our FSC representative or ring the office.
- We would love to talk to you.

A Christian Response to Support People in Crisis, Distress and Confusion

October – December 2016

This course is based on a biblical approach to caring for people who for a variety of reasons are suffering and need help to come to terms with their present situation and to grant them hope for their future.

By the end of the course you will have received teaching in 9 areas and a variety of tools to support people in crisis, distress and confusion including those who have post abortion syndrome.

To book contact Corinne Fenn 0121 744 8838



Course run by Dave Wort at the
Family Support Centre

When?

Wednesdays 1-3pm

12th and 19th October

2nd 9th 16th 23rd and 30th November

7th and 14th December

Likely topics?

- 1 Introduction: being alone / need / pain/ truth
- 2 The nature of crisis
- 3 Boundaries and compassion
- 4 The nature of post abortion support
- 5 Forgiveness
- 6 Guilt and shame
- 7 Accountability
- 8 Grief
- 9 Resolving conflict

Talking with bereaved people

28th January 2016

This one-day course offers a clear and practical framework for talking with bereaved people. Dodie will introduce an approach for structured and sensitive communication.

By the end of the course you will have a toolkit that enables you to know where a bereaved person is on their journey. You will learn some appropriate questions to ask and creative techniques to use.

Please bring your own lunch, or purchase a snack from the adjoining café. Refreshments will be provided throughout the day.

To book contact Corinne Fenn 0121 744 8838



Dodie Graves

*Author of Talking with
Bereaved People*

A Day-Course at the
Family Support Centre, Shirley

When?

Saturday 28th January 2016 10-3pm

What is covered in the course?

Introduction to bereavement counselling:

1. Hearing the bereaved person's story
2. Discovering what was good about their life
3. Celebrating their life
4. Giving worth to the legacy left behind
5. Coping with a strategy and understanding
6. Journeying together



Marriage Enrichment Course

Want to grow in your partnership and bring a fresh spark to your marriage?

- 4 evenings to explore the foundations of marriage and look at topics including communication, conflict, love in action, forgiveness and forward thinking.
- Introductory presentations, and plenty of time for private discussion in couples.
- Facilitated by Paul and Frances Campion

When? Wednesdays October 19th, November 2nd and 23rd, and a final date to be confirmed - from 7.30 to 9.30 p.m.

Where? Shirley Baptist Church

Book in now — contact Shirley Baptist Church by email — office@shirleybaptist.org.uk or phone 0121 733 8089 to book your place.



An Introduction to Listening and Counselling Skills course with Dorothy Louden

When?

4 Saturdays 9am—4pm

14th January 2017

11th February 2017

11th March 2017

1st April 2017